# CHALK TALK

The Official Newsletter of Sylvania Northview High School Volleyball



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#### JUNE MEANS SUMMER WORKOUTS

#### by Chad Rutkowski, Head Coach

We have had a simply amazing spring watching our athletes compete with their respective clubs, by being in the weight room two days a week at 6:00 A.M. with some dedicated athletes, and finally this week with our annual Sylvania Rec Summer Camp which welcomes over 120 youth from our Sylvania community that hope to one day become a Northview Volleyball player.

As we inch closer and closer to the start of Open Gyms next week (the first day being Tuesday, June 13th) and the start of the official season with July 31st tryouts, we are beyond ready for the start of the 47th year of NVVB.

Be sure to read this entire newsletter as it will be very helpful as we navigate a whole new season with many new and returning faces. This is the best mode of communication for us to communicate directly with parents and we hope you continue to find the contents helpful and informative.

8 days until Open Gyms | 23 days until June 28th First Summer Practice | 56 days away from July 31st Tryouts

From our entire coaching staff, thank you for making these efforts possible and thank you for continually supporting our program.



#### 2023 CALENDAR AND IMPORTANT DATES

Online Calendar for Northview Volleyball - Summer dates and practices are set for the 2023 season with a few minor changes to be expected. Please subscribe to this calendar on your mobile devices before our April 17th Meeting

- Computers and Mobile Devices:
  - Apple Devices: https://tinyurl.com/ya5c3gjz
  - Google and Android Devices: https://bit.ly/307LzCA
- Tuesday, June 13, 2023 First Summer Practice/Open Gym for Freshman Only -
- Monday nights throughout June and July Incoming 9th Graders Summer Camps bit.ly/3pA8mnr
- Thursdays In July Summer League at Premier Academy in Maumee
- July 14 July 16, 2023 Returning Varsity Players and Invited Players Ohio State University Team Camp
  - o Invites have already been sent to those players attending.
- July 24 July 26, 2023 Asics Summer Site Camp at Northview
  - All players are invited to this camp and are highly encouraged to attend. Campers that attend OSU camp do not need to attend this in additional.
  - To register for this camp, click here https://www.premiervolleyball.com/satellite-camper-registration.
  - The registration deadline is June 30, 2023.
- Monday, July 31, 2023 Tryouts One Day Only from 5:00 P.M. to 6:30 P.M. (Session #1) and 7:30 P.M. to 9:00 P.M. (Session #2)
  - Athletes will be required to attend both sessions
- BEFORE July 31, 2023 Spirit Wear Order Due

#### **2023 NVVB SPIRIT WEAR**

We ask that each parent reviews the content as soon as possible and sends back the Excel spreadsheet that will be shared with you to complete your order. As we will stress moving forward, we will only place orders for those that are on final rosters after July 31st Tryouts and all other orders will be deleted and not fulfilled. Order will be placed immediately the morning of August 1st at 9:00 A.M. to ensure that all gear and spirit wear be delivered in a timely manner. It is always the hope to have our gear before our first match. Payment for spirit wear items will be due on August 2, 2023 and needs to be paid with either a cash or check - no other forms of payment can be accepted. If you have not received the order form as of yet, please E-mail Kevin Lintjer at lintjerk@gmail.com to have this sent directly to you.

Northview Volleyball is built on the following core values: Skill Development, Commitment, Sacrifice, Responsibility, Accountability, Dedication and Persevance



### **SUMMER CAMPS**

We are excited to host an array of Volleyball Summer Camps at Northview for all athletes that range in age and experience through the Sylvania Rec.

For incoming freshman, we highly suggest the Monday Night Positional Camps throughout June and July and ALL PLAYERS should consider the Asics Summer Site Camp from July 24th - 26th as it is highly encouraged going into tryouts. This is referenced above.

We host these camps in addition to our now thirteen (13) permitted summer coaching days that we are allotted throughout the summer per the Ohio High School Athletic Association. Any changes to these summer camps will be communicated as they become available.

Registrations will be available online by clicking here and will be available for registration coming this spring. Please be on the look out for information surrounding these various camp opportunities.



#### PHYSICALS AND FINAL FORMS

As a reminder, all athletes need an OHSAA Pre-Participation Physical Exam form filled out and returned prior to participation. You will not be able to participate in any volleyball happenings until a physical has been turned in the coaching staff (this includes, but not limited to – open gyms, summer practices, conditioning, tryouts, leagues, etc.). Click here to access this year's <a href="Physical Form">Physical Form</a>.

Once again this year, Sylvania School will be utilizing the Final Forms platform to collect and record necessary and required paperwork for each athletem in their respective sport. If you have not already signed up for a FinalForms account, please visit <a href="https://www.sylvania-oh.finalforms.com">www.sylvania-oh.finalforms.com</a> and create an account. If you already have an existing account, please sign in and make sure that all information is up-to-date and applicable for the 2023 season.



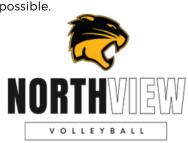


## **FUNDRAISERS**

Each year, Northview Volleyball hosts a multitude of fundraisers to help raise additional support for our program to pay for summer leagues, and tournaments, purchase equipment, improve technology and the ongoing needs of our program as we continue to grow and invest in our athletes.

All of these fundraisers need you and your networks to be successful and we appreciate your support and promotion of these events to make them successful. In addition, these are all on our Northview Volleyball calendar and will be posted on social media a couple of times leading up to that specific event:

- THIS WEEK! **Wednesday, June 7, 2023** Chipotle Dinner Fundraiser from 5:00 P.M. to 9:00 P.M.
  - Eat at Chipotle on Talmadge and 33% of your order returns to Northview Volleyball.
- Charlie's Ice Cream Fundraiser
  - JV Sunday, August 6th from 3:00 P.M. to 6:00 P.M.
     | Freshman Sunday, August 13th from 3:00 P.M. to
     6:00 P.M. | Varsity Sunday, August 20th from 3:00 P.M. to 6:00 P.M.
  - Eat at Charlie's in Sylvania and a portion of all funds come back to NVVB
- Thursday, September 21, 2023 Paddy Jack's Fundraiser from 5:00 P.M. to 10:00 P.M.
  - Eat at Paddy Jack's (owned and operated by a NVVB Family) and 20% of all food sales, both dinein, and carry-out, will come back to support Northview Volleyball.
  - Thank to the Varwig family for making this annual event possible.



















Follow us on all social media platforms with username @nvhsvball

### OTHER SUMMER 2023 EVENTS

NVVB has traditionally participated in a number of event throughout the summer months (June and July) and the 2023 season is no exception to that. In addition to our hosted Summer Camps list above, we will be participating in two (2) key summer events:

- July 22 & 23, 2023 Asics Summer Slam Tournament Times TBD at Premier Academy
- Thursdays in July Thursday Summer League (all players will participate each week) At Premier Academy from 5:00 P.M. 9:00 P.M. in July (refer to calendar for specific dates).

More information will be provided on both of these events as we get closer, but these are key events that will take place this upcoming July.

### **WEBSITE CONTENT**

For the past couple of years, we have worked tremendously hard to maximize our resources and conserve the amount of waste that we have within our program. With that, we have digitized most of our materials and will share almost everything digitally with very little being sent in print form. This is always a chance for us to create some creative and innovative content which is exciting for the program. Please visit our website (<a href="www.northviewwildcats.org">www.northviewwildcats.org</a>) and click on Team Files to access computer and mobile device backgrounds, daily checklist for athletes, links for match schedules only that you can share with family members.

We appreciate the support of going digital with most of our materials and hope that you will find them helpful and user friendly.

#### Follow us on social media

Facebook | Sylvania Northview High School Volleyball @NVHSVBALL

Twitter | @NVHSVBALL

Instagram | @NVHSVBALL

Snapchat | @NVHSVBALL

TikTok | @NVHSVBALL

Northview Athletic Website - www.northviewwildcats.org

All Northview Volleyball resources can be found online. It is highly encouraged that you utilize the website as much as possible. All of our match results and pictures of our athletes can be found on our social media – please like, follow, share and be as active as you can with our social media posts! It is a wonderful way to get people engaged with our program.









































HOME MATCHES - COLOR W \* 1.5 HOURS BEFORE VARSITY MATCH BREST MAN \* 2.5 HOURS BEFORE VARSITY MATCH

AWAY MATCHES - BLACK & WHITE
ALL NIL MATCHES (EXCEPT FREMONT ROSS, SOUTHVIEW)
FRESHMAN & JV & MATCHES WILL BE PLAYED AT THE SAME TIME 1.5 HOURS BEFORE
VARSITY LISTED TIME
ALL NON-CONFERENCE MATCHES
JV \* 1.5 HOURS BEFORE VARSITY MATCH
FRESHMAN \* 2.5 HOURS BEFORE VARSITY MATCH

\*ALL TIMES ARE APPROXIMATE AS MATCHES WILL BEGIN 20 MINUTES AFTER OF THE CONCLUSION OF THE MATCH PRIOR\*

VARSITY • OHSAA POST-SEASON
STATE TOURNAMENT BRACKETS TO BE DETERMINED BY MID-OCTOBER

MATCHES POSTED ONLINE & ON SOCIAL MEDIA

WWW.NORTHYIEWWILDCATS.ORG

